

## WHEN GOD PUTS ON THE PRESSURE

Jonah 2:1-10

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### Biblical Text: Jonah 2:1-10 NIV

**1** From inside the fish Jonah prayed to the LORD his God. **2** He said: "In my distress I called to the Lord, and he answered me. From the depths of the grave I called for help, and you listened to my cry. **3** You hurled me into the deep, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. **4** I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' **5** The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. **6** To the roots of the mountains I sank down; the earth beneath barred me in forever. But you brought my life up from the pit, O LORD my God. **7** "When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple. **8** "Those who cling to worthless idols forfeit the grace that could be theirs. **9** But I, with a song of thanksgiving, will sacrifice to you. What I have vowed I will make good. Salvation comes from the Lord." **10** And the LORD commanded the fish, and it vomited Jonah onto dry land.

The New International Version, (Grand Rapids, MI: Zondervan Publishing House) 1984.

### Listener Outline

## WHEN GOD PUTS ON THE PRESSURE

Jonah 2:1-10



**1** God can make \_\_\_\_\_

If we \_\_\_\_\_ in going \_\_\_\_\_.

**2** God wants us to know

How \_\_\_\_\_ it is to \_\_\_\_\_ him, and

How \_\_\_\_\_ it is to \_\_\_\_\_ him.

**3** God gives us the \_\_\_\_\_

To \_\_\_\_\_ to \_\_\_\_\_ his Word.